



# *The Bombay Presidency Radio Club Limited*

157, Arthur Bunder Road, Colaba, Mumbai – 400 005

CIN NO:- U99999MH1928GAP001372

Tel No :- ☎ 2284 51 21/ 23/ 2284 50 25/ 71/ 75/ 22828671

Email: [radioclub05@gmail.com](mailto:radioclub05@gmail.com), [radclubmumbai@gmail.com](mailto:radclubmumbai@gmail.com) Website :- [www.radioclub.in](http://www.radioclub.in)

Ref. No.: 1241

December. 04<sup>th</sup>, 2020

## Notice

### SUB.: RESUMING OF ZUMBA CLASS

NAMASTE AND A WARM WELCOME TO ALL

Members are hereby informed that the Zumba Class will resume shortly, the timings for which would be from 07:00 A.M. to 08:00 AM. Every Mondays, Wednesdays and Fridays.

For dates and other details contact Mr. Rebant Bhul on Mobile No. +91 76660 33086.

Kindly note that on basis of booking, maximum of 10 Members would be allowed to use this facility on basis of First Come First Serve basis.

Members please note, Zumba Classes will be conducted at club's outdoor venues only.

Members must bring their own towels and water bottles.

As per Government Guidelines and based on norms listed below, Members are requested to adhere the following:

1. Members wishing to register for Zumba Classes must have a valid Radio Club Membership.
2. Members must book via WhatsApp on Mobile Nos. +91 76660 33086 and mention their Name, Membership No. Members will get a confirmation by WhatsApp.
3. Following members will be advised not enroll for Zumba Class.
  - a) Members below the age of 14 and above the age of 65.
  - b) Members with Co Morbid Ailments.
  - c) Members suffering from cold, fever any related ailments.
4. Members must have a single layered cotton mask. N95 masks are not to be used while warming up/workout. Masks can be purchased from the Health Club Attendant for a nominal fee of ₹ 10/-.
5. Members must sanitize their hands before entry to the club. Sanitizers are placed at various areas of the club.
6. Members should be in proper pre-washed sports outfit and footwear. Changing rooms will be closed. Members who need to change can do so in the club washroom.



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7. Members are requested to use the nearest washroom facilities.
8. Members must maintain social distancing / physical distancing at all times so as one does not obstruct or come in close contact with another member/staff/instructor.
9. Zumba instructor shall be there to assist and supervise only. Instructors will not come in any form of physical contact of Members.
10. No food items shall be consumed at the venue.
11. Members please note that Spitting / Chewing of Tobacco / Guthka / Betel Leaf / Smoking is strictly prohibited in the Club Premises.
12. Respiratory etiquettes to be followed. A strict practice of covering ones mouth & nose while coughing or sneezing with a tissue or Handkerchief / flexed elbow and the tissue be disposed off properly.
13. Members should co-operate with the entire staff at all times.
14. No arguments / displeasure shall be entertained from any members as the SOP are in accordance with the Government Regulations.

THE ONLY WAY WE CAN GET THROUGH THIS IS  
IF EACH ONE OF US THINKS AS  
"WE" AND NOT "ME"

Sd/-  
Jignesh Desai  
Operations Manager

Sd/-  
Neha Suhandra  
Executive Assistant