



# *The Bombay Presidency Radio Club Limited*

157, Arthur Bunder Road, Colaba, Mumbai – 400 005

CIN NO:- U99999MH1928GAP001372

Tel No :- ☎ 2284 51 21/ 23/ 2284 50 25/ 71/ 75/ 22828671

Email: [radioclub05@gmail.com](mailto:radioclub05@gmail.com), [radclubmumbai@gmail.com](mailto:radclubmumbai@gmail.com) Website :- [www.radioclub.in](http://www.radioclub.in)

Ref. No.:774

August 3<sup>rd</sup>,2021

## **NOTICE**

### **Sub: REVISED TIMING FOR RADIO CLUB GYM**

Members are hereby informed that as per Govt. revised guidelines w.e.f from Wed, 4<sup>th</sup> Aug 2021 the Radio Club GYM will be operational from 08:00 A.M. to 12:00 Noon and from 04:00 P.M. to 08:00 P.M. and on Saturday from 08:00 A.M. to 03:00 P.M.

As per the guidelines of the Government of Maharashtra, Gyms can operate with 50% of capacity. The Gym will operate without any air conditioning and max 8 people at a time.

Members are advised to follow discipline and make sure that they follow Social Distancing as per the Government Guidelines.

Only separate Dry and Clean Gym shoes will be allowed for the use of the Gym. Wearing of Surgical Mask is mandatory and can be purchased from the Gym reception.

Members are requested to use the Sanitisation sprays available at the Gym to Sanitize themselves and the equipment prior to use.

Gym time slots are as follows for Mon. to Fri. (08:00 A.M. To 12:00 Noon & 4:00 P.M to 8:00 P.M)

Slot 1 – 8.00 a.m to 9.00 a.m.

Slot 2 – 9.00 a.m to 10.00 a.m.

Slot 3 – 10.00 a.m to 11.00 a.m.

Slot 4 – 11.00 a.m to 12.00 noon.

Slot 5 – 4:00 p.m. to 5:00 p.m.

Slot 6 – 5.00 p.m to 6.00 p.m.

Slot 7 – 6:00 p.m. to 7:00 p.m.

Slot 7 – 7.00 p.m to 8:00 p.m.

Gym time slots are as follows for Saturdays (08:00 A.M. to 03:00 P.M.)

Slot 1 – 8:00 a.m. to 9:00 a.m.

Slot 2 – 9:00 a.m. to 10:00 a.m.

Slot 3 – 10:00 a.m. to 11:00 a.m.

Slot 4 – 11:00 a.m. to 12:00 noon



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Slot 5 – 12:00 Noon to 1:00 p.m.

Slot 6 – 1:00 p.m. to 2:00 p.m.

Slot 7 – 2:00 p.m. to 3:00 p.m.

These slots can be booked by the members on Whatsapp no. : +91 9167863003.

Not more than 8 users will be allowed in the Gym area at one time. In case the capacity of 8 users is utilized, the member can wait for an open slot for usage. It is recommended that members book their slots prior to use.

All users of the Gym will have to vacate at the Gym Closing time as per schedule above.

The Gym staff will be responsible for ensuring that the usage is done as per the Government guidelines and all the members are required to co-operate.

Any charges in the guidelines issued from the Government will be put to use and implemented post to verification of changes to the guidelines.

Sd/-

Jignesh Desai

Operations Manager

Cc : Reception / Housekeeping / Attendant/ K.I.Sheikh/ Rakesh Murabiya



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