



The Bombay Presidency Radio Club Limited

157, Arthur Bunder Road, Colaba, Mumbai – 400 005

CIN NO:- U99999MH1928GAP001372

Tel No :- ☎ 2284 51 21/ 23/ 2284 50 25/ 71/ 75/ 22828671

Email: radioclub05@gmail.com, radclubmumbai@gmail.com Website :- www.radioclub.in

Ref. No.:1167

November. 28th, 2020

BY EMAIL

Notice

SUB: AMEMNDMENT TO TIME FOR USAGE OF HEALTH CLUB / GYM

Members using the GYM facility of the club have requested the Managing committee with some suggestions for utilization of the empty slots of the GYM. The New guidelines are amendments to the Notice of the Health Club Guidelines and SOPs as published on November 3rd 2020.

The time slots for the Health Club / Gym are as follows:

Morning

SLOT 1	7.00 AM	8.00 AM
SLOT 2	8.15 AM	9.15 AM
SLOT 3	9.30 AM	10.30 AM
SLOT 4	10.45 AM	11.45 AM
SLOT 5	12.00 NOON	1.00 PM

Evening

SLOT 6	4.00 PM	5.00 PM
SLOT 7	5.15 PM	6.15 PM
SLOT 8	6.30 PM	7.30 PM
SLOT 9	7.45 PM	8.45 PM

Notes –

1. As advised, the slots are made for usage of 8 members at a time.
2. In case a member books a slot and would like to continue his / her workout, the member must approach the Health Club supervisor and request for a booking for the next slot. The slot will be provided only if the slot is available and will be on a first cum first serve basis.

Example if a member has booked SLOT 3 and would like to continue after the completion of the SLOT 3 timings, he or she could use the SLOT 4 provided the slot is available. He / She must notify the Gym Supervisor and it is his sole discretion to permit the usage.

3. The Member will have to vacate the Gym premises for the purpose of sanitization and shall reenter the gym once the next slot timing commences.



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4. Members must WhatsApp on Mobile Nos. +91 9167863003 to book a slot, and will get a booking confirmation.
5. Cancellation / No Show will be charged a fee as per daily usage of Club Tariff even if he or she is a GYM / HEALTH CLUB annual member.
6. Members whose memberships are valid post November 3rd can use their memberships till they expire and can renew.
7. Annual Memberships are available for Health Club users at a special rate of Rs.8000.00 plus GST as applicable. This offer cannot be clubbed with any other offer of the Gym memberships / Sr. Citizen Discounts. This offer is valid for payments received prior to Dec 31st 2020.
8. As per Guidelines declared by Ministry of Health, it is recommended that users over the age of 65 years are not advised to use the Gym / Health Club Facility. In order to accommodate such cases, it is Mandatory that Members / Users of the club over 65 years get a Doctors certificate to certify their fitness before entering the Health Club to use the GYM facility. This will need to be handed over to the Gym Supervisor in order for him to approve the usage of the facility.
9. It is also observed that some members are sitting in Towels and using the cloakroom for gatherings and meetings. This is strictly not permissible and the member must leave the premises as soon as his / her Gym workout is over.
10. The Wet Area of the Gym shall remain closed until further notice. Wet Area is strictly provided as a Changing Facility for members.
11. No arguments / displeasure shall be entertained from any members as the SOP are in accordance with the Government Regulations.

Sd/-

Jignesh Desai
Operations Manager