



The Bombay Presidency Radio Club Limited

157, Arthur Bunder Road, Colaba, Mumbai – 400 005

CIN NO:- U99999MH1928GAP001372

Tel No :- ☎ 2284 51 21/ 23/ 2284 50 25/ 71/ 75/ 22828671 /+91 9167863022

Email: radioclub05@gmail.com, radclubmumbai@gmail.com Website :- www.radioclub.in

Ref. No.: 1809

January 20th, 2021

NOTICE

SUB.: RESUMING OF YOGA CLASSES

Members are hereby informed that the Yoga Classes will resume Tue. 9th Feb. 2021, the timings for which would be from 07:30 A.M. to 08:30 AM. every Tuesdays, Thursdays and Saturdays.

For information & registration kindly, contact Ms. Bella on Mobile No. +91 98198 28963.

Members please note, Yoga Classes will be conducted at club's outdoor open venues only.

Members must bring their own yoga mats, towels and drinking water.

As per Government Guidelines and based on norms listed below, Members are requested to adhere the following:

1. Members must produce their Membership Card before entering the Club.
2. For dates and other details contact Ms. Bella on Mobile No. +91 98198 28963.
3. Following members will be advised not to use the Turf.
 - a) Members with Co Morbid Ailments.
 - b) Members suffering from cold, fever and any related ailments should not enter the club.
4. Members temperature check is mandatory and must sanitize their hands before entry to the club. Sanitizers are provided at the entrance and are placed at various areas of the club.
5. Members must have a mask. Masks can also be purchased at the Health Club for a nominal fee of ₹ 10/-.
6. Members are requested to use the washroom facilities next to the Health Club.
7. Members must maintain social distancing / physical distancing at all times so as one does not obstruct or come in close contact with another member/staff.
8. No food items shall be consumed inside the Turf Facility.
9. Members please note that Spitting / Chewing of Tobacco / Gutkha / Betel Leaf is strictly prohibited.



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10. Respiratory etiquettes to be followed. A strict practice of covering ones mouth & nose while coughing or sneezing with a tissue or Handkerchief / flexed elbow and the tissue be disposed off properly.

11. Members should co-operate with the entire staff at all times.

12. All SOP's of Government Guidelines needs to be followed.

Stay tuned for further updates.

Sd/-
Jignesh Desai
Operations Manager

Sd/-
Neha Suhandra
Executive Assistant